

2020 Olympic and Paralympic Track & Field Trials - THURSDAY

Essais Olympique et Paralympique d'athlétisme 2020 - Jeudi

Preliminary schedule / Horaire préliminaire

As of February 3rd, 2020 / Version du 3 février 2020

Event Colour / Couleur d'événement

	Para athletics / Athlétisme Para
	U20
	Senior / Sénior

TIME - HEURE	STAGE - ÉTAPE	CAT.	EVENT - EPREUVE
TRACK EVENTS - ÉPREUVES DE PISTE 9:00 - 14:00			
9:00	FINAL/FINALE	Para W/F	200m Wheelchair / Fauteuil (T34-53-54)
9:10	FINAL/FINALE	Para M	200m Wheelchair / Fauteuil (T33-51 / T34-53 / T54)
9:30	QUALIF	U20 W/F	200m
9:50	QUALIF	U20 M	200m
10:15	QUALIF	Senior W/F	200m
10:35	QUALIF	Senior M	200m
11:20	QUALIF	U20 M	1500m
11:40	QUALIF	U20 W/F	400m
11:55	QUALIF	U20 M	400m
12:15	QUALIF	Senior M	400m
12:35	QUALIF	U20 W/F	100m
12:50	QUALIF	U20 M	100m
13:15	QUALIF	Senior W/F	100m
13:30	QUALIF	Senior M	100m
TRACK BREAK - PAUSE 14:30 - 17:00			
DISTANCE NIGHT - SOIRÉE DEMI-FOND 17:00 - 21:45			
17:00	FINAL/FINALE	Para W/F	400m Wheelchair / Fauteuil (T34-53 / T54)
17:10	FINAL/FINALE	Para M	400m Wheelchair / Fauteuil (T33-51 / T34-53 / T54)
17:25	FINAL/FINALE	Para W/F	400m Ambulatory / Ambulatoire (T12-20-38-44-46)
17:30	FINAL/FINALE	Para M	400m Ambulatory / Ambulatoire (T12 / T20 / T37-38-47)
17:45	QUALIF	Senior W/F	800m
18:00	QUALIF	Senior M	800m
18:20	FINAL/FINALE	U20 W/F	3000m
18:40	FINAL/FINALE	Para W/F	5000m Wheelchair / Fauteuil (T53-54)
19:05	FINAL/FINALE	Senior M	3000m Steeplechase
19:20	FINAL/FINALE	Senior W/F	3000m Steeplechase
19:35	FINAL/FINALE	Para M	5000m Wheelchair / Fauteuil (T53-54)
19:50	FINAL/FINALE	U20 M	5000m
20:10	FINAL/FINALE	Senior M	5000m
20:50	FINAL/FINALE	Senior W/F	5000m

TIME - HEURE	STAGE - ÉTAPE	CAT.	EVENT - EPREUVE
FIELD EVENTS - CONCOURS 9:30 - 14:00			
9:30	FINAL/FINALE	Para W/F	Seated Shot Put / Poids Assis
10:00	QUALIF	U20 W/F	High Jump / Hauteur
10:00	QUALIF	U20 W/F	Long Jump / Longueur
10:00	FINAL/FINALE	Para M	Discus Ambulatory / Disque Ambulatoire
11:15	QUALIF	Senior W/F	Long Jump / Longueur
11:15	QUALIF	U20 M	Javelin / Javelot
12:00	FINAL/FINALE	Para M	Seated Discus / Disque Assis
12:00	FINAL/FINALE	Para W/F	Shot Put Ambulatory / Poids Ambulatoire
12:00	QUALIF	U20 M	High Jump / Hauteur
BREAK - PAUSE 14:00 - 17:00			
FIELD EVENTS 17:00 - 20:30			
17:00	QUALIF	U20 M	Long Jump / Longueur
17:00	QUALIF	U20 W/F	Shot Put / Poids
17:00	FINAL/FINALE	Para W/F	Discus Ambulatory / Disque Ambulatoire
18:00	QUALIF	U20 W/F	Pole Vault / Perche
18:30	FINAL/FINALE	Para M	Long Jump Ambulatory / Longueur Ambulatoire
18:30	FINAL/FINALE	Para M	Shot Put Ambulatory / Poids Ambulatoire
18:30	FINAL/FINALE	Para M	Seated Shot Put / Poids Assis
19:30	QUALIF	U20 F	Javelin / Javelot
20:00	FINAL/FINALE	Para W/F	Long Jump Ambulatory / Longueur Ambulatoire

2020 Olympic and Paralympic Track & Field Trials - FRIDAY
Essais Olympique et Paralympique d'athlétisme 2020 - Vendredi

Preliminary schedule / Horaire préliminaire

As of February 3rd, 2020 / Version du 3 février 2020

Event Colour / Couleur d'événement

	Para athletics / Athlétisme Para
	U20
	Senior / Sénior

TIME - HEURE	STAGE - ÉTAPE	CAT.	EVENT - EPREUVE
TRACK EVENTS - ÉPREUVES DE PISTE 10:00 - 14:00			
10:00	SF/DF	Para M	100m Ambulatory / Ambulateur (T11-12-13 / T36-37-38-42)
10:15	SF/DF	Para W/F	100m Ambulatory / Ambulateur (T12-38-46-62-63-64)
10:25	QUALIF	Senior F	1500m
10:40	QUALIF	Senior M	1500m
11:00	SF/DF	U20 W/F	1500m
11:15	SF/DF	U20 M	1500m
11:30	FINAL/FINALE	Para W/F	1500m Wheelchair / Fauteuil (T53-54)
11:40	FINAL/FINALE	Para M	1500m Wheelchair / Fauteuil (T34-53-54)
11:50	FINAL/FINALE	Para W/F	200m Ambulatory / Ambulateur (T12-20-46)
12:00	FINAL/FINALE	Para M	200m Ambulatory / Ambulateur (T12-13 / T20-37-38)
12:15	SF/DF	U20 W/F	400m
12:30	SF/DF	U20 M	400m
12:45	SF/DF	Senior W/F	400m
13:00	SF/DF	Senior M	400m
13:20	SF/DF	Para W/F	100m Wheelchair / Fauteuil (T54 / T34-52-53)
13:30	SF/DF	Para M	100m Wheelchair / Fauteuil (T33-51 / T34-53 / T54)
TRACK BREAK - PAUSE 14:00 - 17:00			
TRACK EVENTS - ÉPREUVES DE PISTE 17:00 - 21:15			
17:00	FINAL/FINALE	Para W/F	100m Wheelchair / Fauteuil (All classes / Toutes classes)
17:10	FINAL/FINALE	Para M	100m Wheelchair / Fauteuil (All classes / Toutes classes)
17:40	QUALIF	U20 W/F	800m
17:50	QUALIF	U20 M	800m
18:10	SF/DF	U20 W/F	100m
18:25	SF/DF	U20 M	100m
18:40	SF/DF	Senior W/F	100m
18:55	SF/DF	Senior M	100m
19:15	SF/DF	Senior W/F	800m
19:30	SF/DF	Senior M	800m
19:50	FINAL/FINALE	U20 W/F	3000m Steeplechase
20:10	FINAL/FINALE	Para W/F	100m Ambulatory / Ambulateur (All classes / Toutes classes)
20:20	FINAL/FINALE	Para M	100m Ambulatory / Ambulateur (All classes / Toutes classes)
20:35	FINAL/FINALE	U20 W/F	100m
20:45	FINAL/FINALE	U20 M	100m
20:55	FINAL/FINALE	Senior W/F	100m
21:05	FINAL/FINALE	Senior M	100m

TIME - HEURE	STAGE - ÉTAPE	CAT.	EVENT - EPREUVE
FIELD EVENTS - CONCOURS 10:00 - 13:30			
10:00	QUALIF	U20 W/F	Triple Jump / Triple saut
10:00	FINAL/FINALE	U20 W/F	Discus / Disque
10:00	FINAL/FINALE	Para M	Seated Javelin / Javelot Assis
11:00	QUALIF	Senior M	Pole Vault / Perche
11:30	QUALIF	U20 M	Triple Jump / Triple saut
12:00	FINAL/FINALE	U20 M	Discus / Disque
12:15	FINAL/FINALE	Para W/F	Seated Javelin / Javelot Assis
FIELD BREAK - PAUSE 13:30 - 17:00			
FIELD EVENTS - CONCOURS 17:00 - 20:30			
17:00	FINAL/FINALE	Senior W/F	Javelin / Javelot
17:00	FINAL/FINALE	Senior W/F	Long Jump / Longueur
18:00	FINAL/FINALE	U20 W/F	High Jump / Hauteur
18:45	FINAL/FINALE	Senior W/F	Shot Put / Poids
19:00	FINAL/FINALE	Senior M	Long Jump / Longueur
19:45	FINAL/FINALE	Senior M	Discus / Disque

2020 Olympic and Paralympic Track & Field Trials - SATURDAY
Essais Olympique et Paralympique d'athlétisme 2020 - Samedi

Preliminary schedule / Horaire préliminaire

As of February 3rd, 2020 / Version du 3 février 2020

Event Colour / Couleur d'événement

	Para athletics / Athlétisme Para
	U20
	Senior / Sénior

TIME - HEURE	STAGE - ÉTAPE	CAT.	EVENT - EPREUVE
TRACK EVENTS - ÉPREUVES DE PISTE 10:00 - 13:30			
10:00	FINAL/FINALE	Para M	800m Ambulatory / Ambulatoire (T13-20-37-38)
10:10	FINAL/FINALE	Para W/F	800m Ambulatory / Ambulatoire (T12)
10:20	SF/DF	Senior M	400mH
10:30	SF/DF	U20 M	400mH
10:50	SF/DF	Senior W/F	400mH
11:05	SF/DF	U20 W/F	400mH
11:25	SF/DF	Senior W/F	1500m
11:40	SF/DF	Senior M	1500m
12:00	SF/DF	U20 W/F	200m
12:15	SF/DF	U20 M	200m
12:30	SF/DF	Senior W/F	200m
12:45	SF/DF	Senior M	200m
13:05	FINAL/FINALE	U20 W/F	1500m
13:15	FINAL/FINALE	U20 M	1500m
TRACK BREAK - PAUSE 13:30 - 17:00			
TRACK EVENTS - ÉPREUVES DE PISTE 17:00 - 21:30			
17:00	FINAL/FINALE	Para W/F	800m Wheelchair / Fauteuil (T53-54)
17:10	FINAL/FINALE	Para M	800m Wheelchair / Fauteuil (T34-53 / T54)
17:25	SF/DF	Senior M	110mH
17:40	SF/DF	U20 M	110mH
18:00	SF/DF	Senior W/F	100mH
18:15	SF/DF	U20 W/F	100mH
18:35	SF/DF	U20 W/F	800m
18:50	SF/DF	U20 M	800m
19:05	FINAL/FINALE	Senior F	800m
19:20	FINAL/FINALE	Senior M	800m
19:30	FINAL/FINALE	U20 W/F	400m
19:40	FINAL/FINALE	U20 M	400m
19:50	FINAL/FINALE	Senior W/F	400m
20:00	FINAL/FINALE	Senior M	400m
20:15	FINAL/FINALE	Senior M	110mH
20:25	FINAL/FINALE	U20 M	110mH
20:35	FINAL/FINALE	Senior W/F	100mH
20:45	FINAL/FINALE	U20 W/F	100mH
21:05	FINAL/FINALE	U20 M	3000m Steeplechase

TIME - HEURE	STAGE - ÉTAPE	CAT.	EVENT - EPREUVE
FIELD EVENTS - CONCOURS 9:30 - 14:30			
9:30	FINAL/FINALE	U20 M	Javelin / Javelot
10:00	FINAL/FINALE	U20 W/F	Long Jump / Longueur
11:00	FINAL/FINALE	U20 M	High Jump / Hauteur
11:00	FINAL/FINALE	Para W/F	Seated Discus / Disque Assis
11:10	FINAL/FINALE	U20 W/F	Javelin / Javelot
11:45	FINAL/FINALE	U20 M	Long Jump / Longueur
13:00	FINAL/FINALE	U20 W/F	Pole Vault / Perche
13:00	FINAL/FINALE	U20 W/F	Hammer / Marteau
FIELD BREAK - PAUSE 14:30 - 16:30			
FIELD EVENTS - CONCOURS 16:30 - 21:15			
16:30	FINAL/FINALE	Senior M	Javelin / Javelot
17:00	FINAL/FINALE	U20 M	Shot Put / Poids
17:15	FINAL/FINALE	Senior W/F	Triple Jump / Triple saut
17:30	FINAL/FINALE	Para M	High Jump Ambulatory / Hauteur Ambulatoire
18:15	FINAL/FINALE	Senior W/F	Hammer / Marteau
18:30	FINAL/FINALE	Senior W/F	Pole Vault / Perche
18:45	FINAL/FINALE	Senior M	High Jump / Hauteur
19:15	FINAL/FINALE	Senior M	Triple Jump / Triple saut
20:00	FINAL/FINALE	Senior M	Hammer / Marteau

2020 Olympic and Paralympic Track & Field Trials - SUNDAY
Essais Olympique et Paralympique d'athlétisme 2020 - Dimanche

Preliminary schedule / Horaire préliminaire

As of February 3rd, 2020 / Version du 3 février 2020

Event Colour / Couleur d'événement

	Para athletics / Athlétisme Para
	U20
	Senior / Sénior

TIME - HEURE	STAGE - ÉTAPE	CAT.	EVENT - EPREUVE
ROAD EVENTS - ÉPREUVE DE ROUTE			
7:30	FINAL/FINALE		Race Walk – Marche U20 10km, Senior 20km

TIME - HEURE	STAGE - ÉTAPE	CAT.	EVENT - EPREUVE
TRACK EVENTS - ÉPREUVES DE PISTE 10:00 – 14:15			
10:00	FINAL/FINALE	U20 W/F	5000m
10:25	FINAL/FINALE	Para W/F	1500m Ambulatory / Ambulatoire (T12)
10:35	FINAL/FINALE	Para M	1500m Ambulatory / Ambulatoire (T12-13-20-37-38)
10:45	FINAL/FINALE	Senior M	400mH
10:55	FINAL/FINALE	U20 M	400mH
11:10	FINAL/FINALE	Senior W/F	400mH
11:20	FINAL/FINALE	U20 W/F	400mH
11:40	FINAL/FINALE	U20 W/F	200m
11:50	FINAL/FINALE	U20 M	200m
12:00	FINAL/FINALE	Senior W/F	200m
12:10	FINAL/FINALE	Senior M	200m
12:25	FINAL/FINALE	U20 M	800m
12:35	FINAL/FINALE	U20 W/F	800m
12:45	FINAL/FINALE	Senior W/F	1500m
12:55	FINAL/FINALE	Senior M	1500m
13:20	FINAL/FINALE	U20 - Senior W/F	4 x 100m Relay
13:30	FINAL/FINALE	U20 - Senior M	4 x 100m Relay
13:45	FINAL/FINALE	U20 - Senior W/F	4 x 400m Relay
14:00	FINAL/FINALE	U20 - Senior M	4 x 400m Relay

TIME - HEURE	STAGE - ÉTAPE	CAT.	EVENT - EPREUVE
FIELD EVENTS - CONCOURS 9:30 – 14:30			
9:30	FINAL/FINALE	U20 M	Pole Vault / Perche
9:30	FINAL/FINALE	U20 M	Hammer / Marteau
10:00	FINAL/FINALE	Senior W/F	High Jump / Hauteur
10:00	FINAL/FINALE	U20 W/F	Triple Jump / Triple saut
10:00	FINAL/FINALE	U20 W/F	Shot Put / Poids
11:00	FINAL/FINALE	Senior W/F	Discus / Disque
11:45	FINAL/FINALE	U20 M	Triple Jump / Triple saut
12:00	FINAL/FINALE	Senior M	Shot Put / Poids
12:30	FINAL/FINALE	Senior M	Pole Vault / Perche
13:00	FINAL/FINALE	Para W/F - M	Javelin Ambulatory / Javelot Ambulatoire