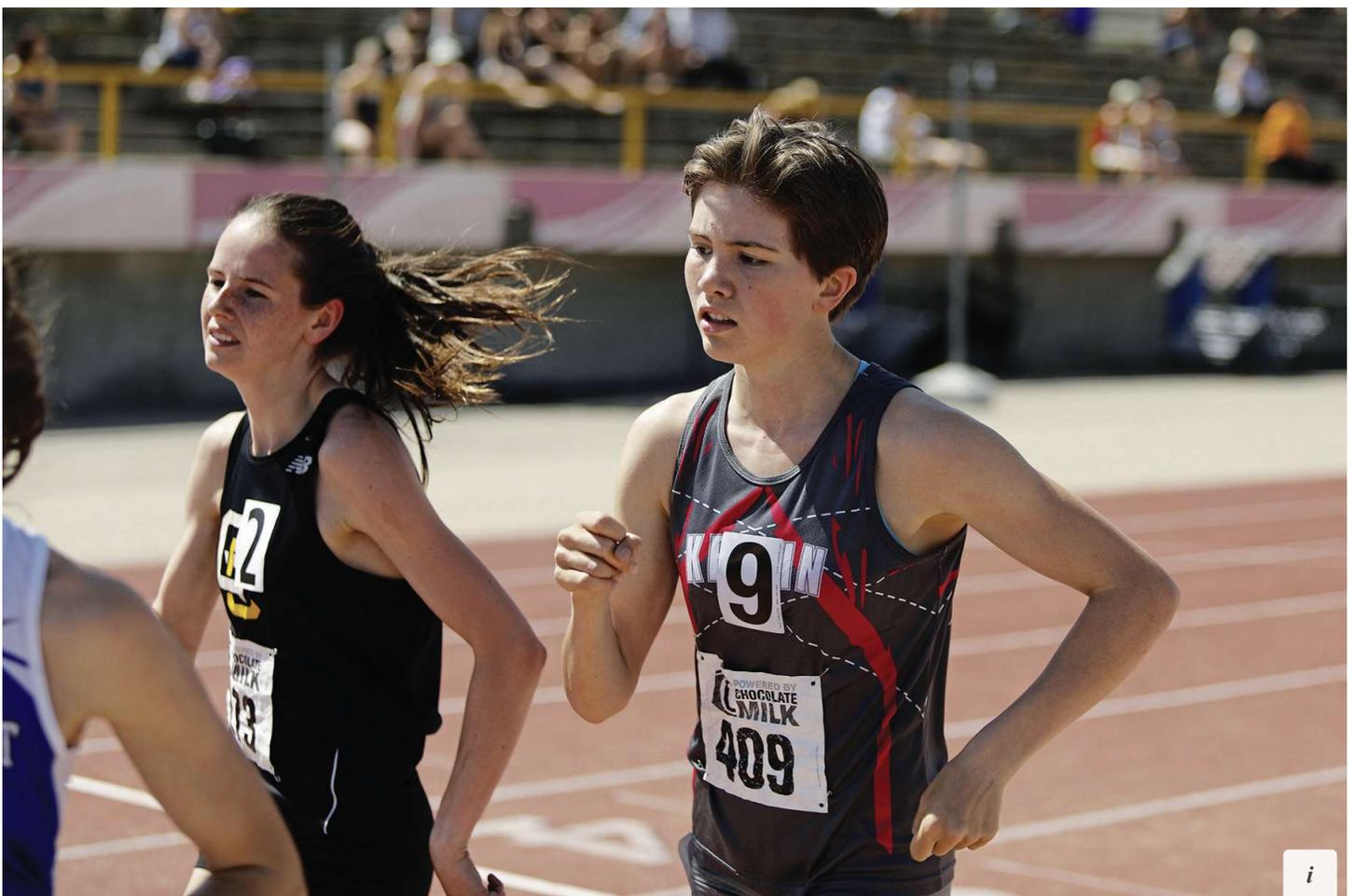


# Winnipeg Free Press

## Wombats keep wowing folks on the track

By: Susie Strachan

Posted: 03/6/2020 3:12 PM



Athletes from River Heights enjoyed some sweet results in the Boeing Classic indoor track and field championships held late in February.

Scott Radley, coach of the middle-distance training group with Winnipeg Optimist Athletics Club (which hosts and organizes the Boeing meet) said six of his athletes too

part in events that ranged from 400 to 3,000 metres at the James Daly Field House at the University of Manitoba on Feb. 28 and 29.

Sam Lamont, a Grade 11 student at Kelvin High placed first in both the U18 800-metre and 1,500-metre races. Ceci Howes, a Grade 12 student at Kelvin, was second in the U20 400 metres and third in the U20 800.

Cadence Christie, a Grade 10 student at St. Mary's Academy, won in the U18 3,000-metre race event and was third in the U18 800. Alyssa Moon, a Grade 12 student at St. Mary's, was fourth in both the U20 800- and 400-metre events.

Another Optimist club member, Margrett Watt, of Garden City, set a meet record in the U20 800-metre race, taking first place in 2:13.73. She was also first in the U20 1,500. William Boyle, also from Garden City, placed first in the U20 1,500 metres and third in the U20 800.

"They're all runners in our training group," Radley said, adding that the group is nicknamed the Wombats, after the cute marsupial which can run up to 40 km/h.

"We've come off an excellent summer and are building on that," Radley said. "Ceci got a silver medal at the (North and Central American championships) in Mexico in the 2,000-metre steeplechase U18 event, along with a silver at the Canadian track and field championships in Montreal in the 2,000-metre U20 event."

Lamont was the Manitoba High Schools' Athletic Association's junior varsity 1,500-metre champion last June. Christie raced to first place in the MHSAA's varsity cross-country championships while Owens was third. Christie is also a nationally ranked steeplechaser as a U16 athlete.

Moon placed sixth in the MHSAA cross-country championships, and second in the 80 metres in the MHSAA track and field championships in June last year. Watt and Boyle both won medals at the Canadian Legion U18 championships in the steeplechase.

Five of the athletes have signed with U.S. universities to compete in track in the National Collegiate Athletics Association.

"Ceci, William, Margrett and Alyssa are all heading south on scholarships to Division I schools," Radley said.

Howes has signed with the University of Minnesota to race with the Golden Gophers, and Moon has signed with University of North Dakota to run with the Fighting Hawks. Boyle signed with South Dakota State University, and Watt with the University of Toledo Rockets.

The Wombats are made up of middle school, high school and university athletes who compete as middle-distance runners, including steeplechasers, long sprinters, intermediate hurdlers and a few who cross disciplines.

For information on the Wombats, see [wombat-track.com](http://wombat-track.com)

For results of the Boeing Classic Indoor Track and Field Championships, see [www.boeingtrackandfield.com](http://www.boeingtrackandfield.com)

The Free Press would like to thank our readers for their patience while comments were not available on our site. We're continuing to work with our commenting software provider on issues with the platform. In the meantime, if you're not able to see comments after logging in to our site, please try refreshing the page.

#### Have Your Say

BE THE FIRST TO COMMENT

By submitting your comment, you agree to abide by our Community Standards and Moderation Policy. These guidelines were revised effective February 27, 2019. Have a question about our comment forum? Check our frequently asked questions.

---

## Popular in the Community



Sponsored



**DOG'S DEATH INSPIRES  
PET BEREAVEMENT...**

wfp-209220

18m



10:11

This is absolutely  
amazing!! Kudos to...



---

## The Sou'wester

---

